



SADHBHAVANA  
WORLD SCHOOL

*Bringing the World to the Classroom*

# MENU

## MENU - BREAKFAST



1

ALL

Flavoured Milk/Fresh Juice | Idli | Sambar  
Coconut Chutney | Red Chutney | Cut Fruits

2

ALL

Flavoured Milk | Croissant/Muffin  
Corn Flakes with Hot Milk/Cold Milk | Cut Fruits

3

ALL

Horlicks/Fresh Juice | Puttu  
Kadala Curry/Cherupayar Curry | Cut Fruits/Banana

4

ALL

Milk Shake/Fresh Juice | Pancake/Banana Pancake  
Honey | Nuts | Cut Fruits

5

ALL

Passion Fruit Juice | Battura  
Chole Masala | Cut Fruits

6

ALL

Milk Sarbath/Sarbath | Thattu Dosa/Onion Dosa  
Coconut Chutney | Sambar | Cut Fruits

7

ALL

Passion Fruit Juice | Tomato Ketchup | Cut Fruits

NON VEG

Chicken Tikka Sandwich

VEG

Paneer Tikka Sandwich

8

ALL

Banana Shake/Fresh Juice  
Hot Dog Bun | Mustard Sauce & Ketchup | Cut Fruits

NON VEG

Grilled Sausages

VEG

Grilled Vegetables

9

ALL

Western Ghat Fresh Juice | Chapati | Cut Fruits

NON VEG

Egg Roast

VEG

Veg Khurma

10

ALL

Pineapple Lime Juice | Rice Pathiri Veg Stew  
Cut Fruits

11

ALL

ABC\* Juice | Veg & Cheese Sandwich  
French Fries with Tomato Ketchup | Cut Fruits

\*ABC - Apple, Beetroot & Carrot

12

ALL

Grape & Lime Juice | Arippathiri/Poricha Pathiri  
Kadala Curry/Cherupayar Curry | Cut Fruits

13

ALL

Mint Lime/Fresh Juice  
Puri | Bhaji | Cut Fruits

14

ALL

Lime | Mini Appam | Potato Masala/Soya Masala  
Cut Fruits

15

ALL

Boost/Bournvita | Vegetable Burger  
French Fries | Dates

16

ALL

Horlicks | Semiya Uppuma  
Boiled Banana | Cut Fruits

17

ALL

Fresh Juice | Mini Dosa | Vada  
Tomato Fry | Coconut Chutney | Cut Fruits

18

ALL

Fresh Juice | Pav Bhaji  
Cut Fruits

# MENU - LUNCH



- |   |   |
|---|---|
| <p><b>1</b> <b>ALL</b> Green Salad   Raita   Pickle   Ice Cream/Kheer<br/><b>NON VEG</b> Chicken Biryani/Egg Biryani<br/>Hyderabadi Biryani/Fish Biryani/Dum Biryani<br/><b>VEG</b> Veg Biryani   Gobi Fry</p>      | <p><b>2</b> <b>ALL</b> Sweet Corn Soup   Pasta Arrabbiata<br/>Crème Brule</p>   |
| <p><b>3</b> <b>ALL</b> Kachumber Salad   Jeera Rice   Bhindi Pyaza<br/>Raita   Pickle   Papad   Tender Coconut Pudding<br/><b>NON VEG</b> Chicken Kolhapuri<br/><b>VEG</b> Dal Tadka   Masala Fried Cauliflower</p> | <p><b>4</b> <b>ALL</b> Coleslaw Salad   Herb Rice   Buttered Vegetables<br/>Brown Sauce   Chocolate Mousse/Pudding<br/><b>NON VEG</b> Grilled Chicken Breast<br/><b>VEG</b> Grilled Veg Steak</p>   |
| <p><b>5</b> <b>ALL</b> Russian Salad   Green Peas Pulao   Raita   Pickle<br/>Shahi Tukda<br/><b>NON VEG</b> Butter Chicken<br/><b>VEG</b> Paneer Butter Masala</p>  | <p><b>6</b> <b>ALL</b> Tomato Soup with Croutons   Burnt Garlic Fried Rice<br/>Cauliflower Tempura   Ice Cream<br/><b>NON VEG</b> Chilly Chicken<br/><b>VEG</b> Chilly Baby Corn</p>  |
| <p><b>7</b> <b>ALL</b> Green Salad   Plain Rice   Pulisseri<br/>Pickle   Cheera Thoran   Papad   Pineapple Kheer<br/><b>NON VEG</b> Tawa Fried Fish<br/><b>VEG</b> Paneer Tawa Fry</p>                              | <p><b>8</b> <b>ALL</b> Tossed Salad   Ghee Rice   Raita   Pickle   Papad<br/>Fruit Salad with Ice Cream<br/><b>NON VEG</b> Chicken Stew<br/><b>VEG</b> Veg Stew   Potato Dry Fry</p>  |
| <p><b>9</b> <b>ALL</b> Veg Biryani   Papad   Pickle<br/>Ice Cream / Gulab Jamun<br/><b>NON VEG</b> Chicken 65<br/><b>VEG</b> Gobi 65</p>  | <p><b>10</b> <b>ALL</b> Oriental Salad   Mayonnaise   Mint Chutney<br/>Umm Ali<br/><b>NON VEG</b> Chicken Majboos<br/><b>VEG</b> Veg Majboos   Paneer Tawa Fry</p>  |
| <p><b>11</b> <b>ALL</b> Hot &amp; Sour Soup   Fruit Custard   Salad<br/><b>NON VEG</b> Chicken Noodles<br/><b>VEG</b> Vegetable Noodles</p>   | <p><b>12</b> <b>ALL</b> Green Salad   Boiled Rice   Pickle   Papad<br/>Vermicelli Kheer<br/><b>NON VEG</b> Varutharacha Chicken Curry/ Alappuzha<br/>Chicken Curry/Kottayam Chicken Curry<br/><b>VEG</b> Cauliflower &amp; Potato Masala Curry/Soya Masala<br/>Spl.Curd</p> |
| <p><b>13</b> <b>ALL</b> Kuthari Choru   Varuthupperi   Sharkaraupperi<br/>Avial/Kootu Curry   Thoran   Sambar   Papad<br/>Pickle   Pacha Moru   Ada Payasam</p>   | <p><b>14</b> <b>ALL</b> Green Salad   Plain Rice   Pickle<br/>Papad   Thoran   Jalebi<br/><b>NON VEG</b> Malabar Fish Curry/Alleppey Fish Curry/<br/>Fish Mango Curry/Kottayam Fish Curry<br/><b>VEG</b> Malabar Veg Curry   Brinjal Fry</p>                                |
| <p><b>15</b> <b>ALL</b> Plain Rice   Dal &amp; Drumstick Curry<br/>Vanpayar Upperi   Coconut Chutney   Sambaram<br/>Kondattam   Pickle   Ambalapuzha Pal Payasam</p>  | <p><b>16</b> <b>ALL</b> Tossed Salad   Ghee Rice   Kadai Paneer<br/>Aloo Jeera   Roasted Papad   Pickle   Caramel Custard</p>   |
| <p><b>17</b> <b>ALL</b> Plain Rice   Chapati   Bhindi Fry   Dal Tadka<br/>Paneer Butter Masala   Roasted Papad   Pickle<br/>Carrot Halva</p>  | <p><b>18</b> <b>ALL</b> Mayonnaise   Tomato Chutney   Green Salad   Pudding<br/><b>NON VEG</b> Chicken Mandhi<br/><b>VEG</b> Veg Mandhi   Corn Cheese Balls</p>   |



"Fuel up for a day of learning with our delicious school meal menu!"



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